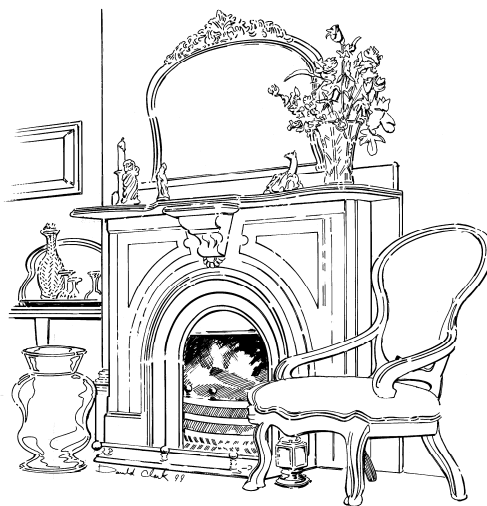


Basic Services

Since 1860 senior women have chosen Victoria Hall as a retirement home where their quality of life can be enhanced by staff support in a caring homelike environment.

At Victoria Hall we encourage residents to remain active as long as possible. They move about the residence to visit friends, attend social events in the parlors and formal meals in the dining room. To retain some of their basic skills residents are encouraged to help with minor tasks such as hand washing small personal items and a daily “tidy up” of their rooms. More active residents retain their mobility by doing their own errands and attending activities outside Victoria Hall, often to well into their nineties. Depending on the support required, our residents receive:

- ❖ Daily supervision of activities
- ❖ Preparation of all meals
- ❖ Assistance with bathing
- ❖ Bed changes
- ❖ Cleaning of rooms monthly
- ❖ A weekly laundry service
- ❖ A hairdresser
- ❖ Management of medications, and
- ❖ Liaison with families and other care providers.



Activities Include

- ❖ Exercise classes
- ❖ Church services
- ❖ Sing songs
- ❖ Teas
- ❖ Special crafts
- ❖ Activities in the garden in summer
- ❖ Presentations – special topics
- ❖ Seasonal Celebrations

The Residence

Victoria Hall was founded in 1860. The current residence, built in 1885, has approximately 70 rooms. Each of the three floors has residents' rooms, parlors and tearooms accessible by elevator. All special events take place in the main parlor and dining room which are furnished with antiques. They are typical of the gracious interiors found throughout the Hall. Residents are encouraged to make use of all recreational areas, including the verandah, balcony and large garden at the rear of the Hall.

Staff Support

Victoria Hall has a high staff to resident ratio. Professional supervisory staff monitor residents' activities and maintain contact with their families and physicians. Trained personal care workers provide basic support if necessary. There are live-in supervisors, and at night, security and care staff make rounds every half hour.

Family & Friends

We have kept the tradition of the 1800s when families retained some responsibility for their loved ones who came to live at the Hall. A family member or friend still assumes the role of guarantor. While a few applicants are able to retain full responsibility for their future, most designate guarantors who can be available to make plans if a move for nursing care becomes necessary. Family and friends visit frequently and are often invited to share in special events or stay for meals for a small fee.

Could You Be a Resident?

Victoria Hall offers residential services to approximately 40 full time and several short term residents. Except for residents' phones, their cable TV, foot clinics and hairdresser's fees, all Victoria Hall services are included in an affordable rent which is subsidized by our trust fund. There is a per diem fee for short term guests which can be reduced for longer term visits.

If you –

- ❖ Are tired of living alone
- ❖ A non - smoker
- ❖ Have minor health problems associated with aging
- ❖ But need some staff support
- ❖ Are still active and mobile
- ❖ Want to retain a degree of independence
- ❖ Want to have your own room
- ❖ To be in a gracious home like setting
- ❖ In the company of other women
- ❖ On a bus route -

*then Victoria Hall may be
the place for you!*

How to Apply

Victoria Hall is available to non smoking, senior women who can live in a residential situation. You can begin by making an appointment to tour the Hall. Those who wish to apply should be aware that Victoria Hall is a residence and not a nursing home. Application forms are available when you visit or on request. Once your application is received, a meeting will be arranged with our Admissions Committee for you and a family member or friend. The Committee will refer you to Victoria Hall's physician to confirm that the services we offer are appropriate for you. (You can still keep your own doctor.) Once accepted, you can furnish your own room and move in at your convenience.

Contacts & More Information

Call: The Administrator 902-422-3969
The Care Coordinator 902-423-7818
Fax: 902-422-4701
Email: victoria.hall@ns.aliantzinc.ca

For more information see:
www.victoriahall.ca (Chebucto net)

Or visit:

Victoria Hall
2438 Gottingen Street
Halifax, NS B3K 3B9

