

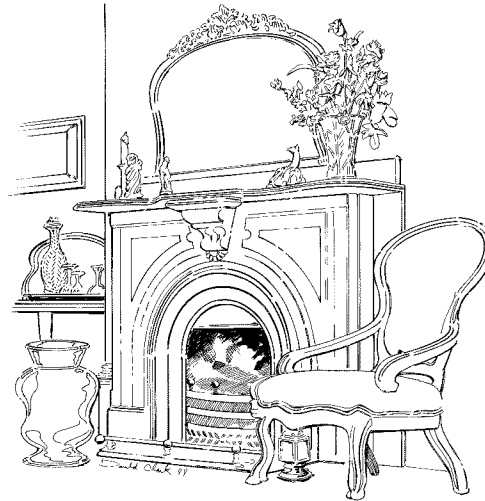
Since 1860, over 900 women, 55 years and older, have chosen Victoria Hall as their assisted living residence (not a nursing home), where quality of life is enhanced by staff supports in a caring, home-like setting.

Residents are encouraged to:

- * VISIT OR ENTERTAIN FRIENDS & FAMILY FREQUENTLY
- * ATTEND IN-HOUSE ACTIVITIES
- * ENJOY FORMAL DINING AND INVITE FRIENDS TO JOIN THEM (\$10. each)
- * CONTINUE OUTSIDE INTERESTS
- * SURROUND THEMSELVES WITH THEIR TREASURED POSSESSIONS

The nominal monthly board (\$1800. in 2010) provides:

- * VARIED, HOME COOKED MEALS
- * BEVERAGE / SNACK CART 3 TIMES DAILY TO ROOMS
- * MEDICATION MANAGEMENT
- * SUPPORT FOR DAILY ACTIVITIES
- * PERSONAL CARE SERVICES AS NEEDED
- * WEEKLY HOUSEKEEPING
- * WEEKLY LAUNDRY



Recreational activities

provided at no cost:

- * LANDSCAPED GARDEN
- * TWICE WEEKLY ELDEROBICS
- * SUNDAY CHURCH SERVICES
- * MUSIC AND SING SONGS
- * CELEBRATION TEAS
- * CRAFTS & GAMES
- * DEMONSTRATIONS & TALKS
- * SEASONAL EVENTS & BIRTHDAYS

The Residence

- * THREE FLOORS OF ROOMS, LOUNGES & TEA ROOMS ACCESSIBLE BY ELEVATOR
- * EVENTS ARE HELD IN THE PARLOUR, FURNISHED WITH ANTIQUES
- * RESIDENTS ARE ENCOURAGED TO USE ALL RECREATIONAL AREAS, INCLUDING THE VERANDAH, 2ND FLOOR BALCONY AND REAR LANDSCAPED GARDEN IN FINE WEATHER
- * COZY NOOKS ABOUND FOR QUIET CHATS OR PLEASANT HOURS SPENT READING OR DOING PUZZLES

Staff Support

- * HIGH STAFF TO RESIDENT RATIO
- * PROFESSIONAL SUPERVISORY STAFF
- * TRAINED PERSONAL CARE WORKERS
- * LIVE-IN SUPERVISORS
- * SECURITY AT NIGHT MAKE ROUNDS EVERY HALF HOUR
- * LOW COST FOOT CARE, BLOOD SERVICES & HAIRDRESSING
- * HOUSE DOCTOR IF REQUESTED

Family: We have kept the tradition of the 1800s when families retained some responsibility for their loved ones who came to live at the Hall. A family member or friend still assumes the role of guarantor who can help make plans for future care needs.

Could You Be A Resident?

Victoria Hall has 43 rooms for full time residents. Beyond the subsidized board, full time residents will need to pay expenses such as telephone, cable TV, newspaper, medications, health provider fees such as foot care, and personal supplies and hairdressing. **Victoria Hall provides for short & long term respite guests, who pay a daily board of \$100. (in 2010).**

If you –

- * Are tired of living alone
- * Are a non – smoker, 55 years or older
- * Are still active and mobile
- * Want to retain independence but need some staff support
- * Want to have a single room in a gracious home-like setting
- * Enjoy the company of other women
- * Want to be on bus routes then

Victoria Hall may be
just the place for you !

SEE THE ADVANTAGES OF
LIVING AT VICTORIA HALL
ON OUR WEBSITE
www.victoriahall.ca

How to Apply

- * MAKE AN APPOINTMENT FOR A TOUR AND STAY FOR DINNER
- * APPLICATION FORMS ARE AVAILABLE WHEN YOU VISIT
- * YOUR PHYSICIAN WILL CONFIRM THE APPROPRIATENESS OF OUR SERVICES FOR YOUR NEEDS
- * AN ADMISSIONS INTERVIEW CAN BE ARRANGED FOR YOU AND A FAMILY MEMBER
- * ONCE ACCEPTED, YOU FURNISH YOUR SINGLE ROOM AND MOVE IN AT YOUR CONVENIENCE

TOURS & INFORMATION

Please contact the Administrator:

Telephone 902-422-3969

Fax: 902-422-4701

Email:
victoria.hall@ns.aliantzinc.ca

Location: Victoria Hall
2438 Gottingen Street
Halifax, N.S., B3K 3B9

DONATIONS - To ensure Victoria Hall, a non-profit charity, is able to

continue assisting senior women in the future, please consider a donation or bequest. Volunteers Welcome!